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Síndrome de Burnout
Burnout, Wellbeing and Resilience of Healthcare Workers in the Post-COVID World
Research Anthology on Human Resource Practices for the Modern Workforce
Behavioural Dynamics at the Workplace
Educator Stress
Prevention of Maladjustment to Life Course Transitions
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Supervision und Burnout-Prophylaxe in pastoralen und schulischen Berufsfeldern
Basics of Behavior Change in Primary Care
Burnout – Erkennen und Vorbeugen: Durch gezielte Entlastung vorbeugen und Kosten für die Unternehmung sparen
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in the Post-COVID World Research Anthology on Human Resource Practices for the Modern Workforce Behavioural Dynamics at the Workplace Educator Stress Prevention of Maladjustment to Life Course Transitions Occupational Health Psychology Positive Führung - inkl. Arbeitshilfen online Statistics for Sport and Exercise Studies Addictions Counseling Today Supervision und Burnout-Prophylaxe in pastoralen und schulischen Berufsfeldern Basics of Behavior Change in Primary Care Burnout – Erkennen und Vorbeugen: Durch gezielte Entlastung vorbeugen und Kosten für die Unternehmung sparen *Nilgun Ulutasdemir Irving B. Weiner Kathleen Anne Moore Krzysztof Kaniasty, Kathleen A. Moore, Siobhan Howard, Petra Buchwald Simon Surguladze Robert J. Habicht Alison J. Brainard Rafael Piva de Souza Mansoor Malik Management Association, Information Resources Umashankar K Teresa Mendonça McIntyre Moshe Israelashvili Stavroula Leka Henning Schulze Peter O'Donoghue Kevin G. Alderson Ute Beyer-Henneberger Patricia J. Robinson Alexandra R ssner-Fischer*

psychologists researchers teachers and students need complete and comprehensive information in the fields of psychology and behavioral science the corsini encyclopedia of psychology volume one has been the reference of choice for almost three decades this indispensable resource is updated and expanded to include much new material it uniquely and effectively blends psychology and behavioral science the fourth edition features over 1 200 entries complete coverage of dsm disorders and a bibliography of over 10 000 citations readers will benefit from up to date and authoritative coverage of every major area of psychology

the present volume features 11 papers that collectively addressed some of the most current interests within the area of anxiety stress and coping research the first set of papers deals with the psychological and social consequences of economic hardship and financial burden associated with globally experienced economic upheavals part two features studies dedicated to the exploration of risk factors and psychological resources concerning occupational stress and burnout the final part of the volume includes diverse studies that investigated several facets of the stress process in a variety of populations including school children adults and users

of online social networks

the current volume of the stress and anxiety series presents 27 peer reviewed chapters that thematically span four general areas of stressful life events anxiety and coping research the first collection of papers concerns coping with economic burdens natural disasters and human induced catastrophes and considers psychological resources which may serve as protective factors next are review and empirical investigations that examine a variety of manifestations of emotional and psychological well being evaluations of treatment programs as well as scale validation studies part three features manuscripts addressing both psychological benefits and liabilities of occupational demands with a focus on exploration of positive work context for both the individual and the workplace chapters in the final part of the volume focus on developmental markers and coping efforts of children and adolescents with foci on environmental influences and cross cultural comparisons

this practical resource provides hospitalists of all levels a comprehensive foundation for understanding the critical elements of hospital medicine beginning with an overview of the healthcare system chapters provide relevant insights on management regulations evidence based approaches an awareness of safety and economic concerns and professional development skills perspectives on how hospitalist and hospital medicine teams can effectively engage this system to provide cost effective high quality care are offered throughout this volume with real world guidance on the major tenets of hospital medicine hospital medicine will serve as the definitive guide to a successful career in this rapidly evolving specialty

in this issue of anesthesiology clinics guest editors drs alison j brainard and lyndsay m hoy oversee the topic of total well being articles in this issue highlight perspectives from across multiple subsets of anesthesiology including nutrition arts and humanities coaching and the inequalities of medicine the editors goal is that readers will come away inspired informed and excited to create an

approach for total well being that can be tailored to their workplace and lives contains 19 practice oriented topics including women in anesthesiology parenting lactation in anesthesia intensivists and wellness post pandemic early career physician burnout integrating antiracism into meded with health humanities program and more provides in depth clinical reviews on total well being offering actionable insights for clinical practice presents the latest information on this timely focused topic under the leadership of experienced editors in the field authors synthesize and distill the latest research and practice guidelines to create clinically significant topic based reviews

o objetivo geral desta pesquisa metodol gica é a construção de uma escala psicofísica de razão para avaliar a síndrome de burnout adaptada para o brasil os objetivos específicos são identificar elementos essenciais da mbi maslach burnout inventory e ecb escala brasileira de burnout para a construção de uma escala em língua portuguesa adaptada para a cultura brasileira a escala costa piva desenvolvida nesta pesquisa consolidou a informação de 9 ferramentas com 287 afirmaç es para 65 afirmaç es dividida em 8 fatores foi criada uma escala psicofísica com 6 advérbios de intensidade validada de forma crossmodal com um expoente positivo de 1 57 o que significa que uma mudança de 2 pontos na escala representa uma alteração subjetiva de 3 vezes 2 1 57 2 96 nossa escala obteve um bom ajuste de dados no comparativo com a ecb pois no cálculo da sensibilidade o r quadrado foi de 0 94 ou seja isso significa uma variabilidade de apenas 6 no comparativo entre as escalas escala costa piva versus a escala brasileira de burnout a discriminabilidade encontrada foi de 0 9299 valor este muito pr ximo de 1 reforçando a maior sensibilidade da nossa escala a especificidade calculada resultou em um c 0 o que significa que escala costa piva seja uma escala tão específica quanto a escala brasileira de burnout e sem viés a escala brasileira de burnout ocupa cerca de 26 da escala costa piva o que significa que 74 das nossas afirmaç es e fatores são diferentes novos

healthcare workers burnout is a global issue covid 19 pandemic had a significantly negative effect on the morale and resilience of

healthcare workers high rates of depression anxiety and ptsd have been well documented across the globe for healthcare workers contributing to high turnover and attrition rates occupational burnout not only affects the healthcare workers but is also detrimental to patient safety and organizational productivity burnout should be seen as a continuum ranging from job dissatisfaction to psychiatric morbidity it is important to educate health professionals and employ primary and secondary preventative strategies at every stage of burnout for the optimal functioning of healthcare systems although numerous observational studies highlight high rates of burnout among healthcare workers there has been little research to demonstrate effectiveness of interventions to support mental well being of healthcare workers during stressful times investigation of potential resilience building interventions is especially important to prepare for the next pandemic or large scale disaster in addition robust evidence based guidelines and best practices are needed to reduce the high rates of burnout and promote wellbeing in healthcare workforce by integrating and addressing the full spectrum of occupational organizational social personal and psychological factors there are significant gaps in the existing literature including lack of prospective longitudinal intervention studies research focusing the needs of minority healthcare workers and identifying barriers to promote institutional wellbeing culture

human resource departments have been a crucial part of business practices for decades and particularly in modern times as professionals deal with multigenerational workers diversity initiatives and global health and economic crises there is a necessity for human resource departments to change as well to adapt to new societal perspectives technology and business practices it is important for human resource managers to keep up to date with all emerging human resource practices in order to support successful and productive organizations the research anthology on human resource practices for the modern workforce presents a dynamic and diverse collection of global practices for human resource departments this anthology discusses the emerging practices as well as modern technologies and initiatives that affect the way human resources must be conducted covering topics such as machine learning organizational culture and social entrepreneurship this book is an excellent resource for human resource

employees managers ceos employees business students and professors researchers and academicians

this book offers strategies and effective ways for professional improvement in the workplace it focuses on behavioural dynamics in a work environment and offers perspectives on self assessment critical thinking experiential learning stress management and information processing the book discusses concepts like self image and self concept which have been aligned with professional excellence and provides a psychoanalytic and theoretical understanding of organizational dynamics individual and group behaviour and the expectations of the contemporary corporate world through case studies stories helpful questionnaires and guides the volume offers tools and practical solutions for young professionals to develop essential skills to thrive in their careers it also highlights the importance of effective listening communication and identifying cognitive behavioural and transpersonal patterns for professional and personal development insightful and detailed the book is an essential read for students and professionals in the field of management business communication human resource and behavioural psychology it will also be of great use to young professionals working in various sectors who are interested in learning about organizational dynamics

this book brings together the most current thinking and research on educator stress and how education systems can support quality teachers and quality education it adopts an occupational health perspective to examine the problem of educator stress and presents theory driven intervention strategies to reduce stress load and support educator resilience and healthy school organizations the book provides an international perspective on key challenges facing educators such as teacher stress teacher retention training effective teachers teacher accountability cyber bullying in schools and developing healthy school systems divided into four parts the book starts out by introducing and defining the problem of educator stress internationally and examining educator stress in the context of school education system and education policy factors part i includes chapters on educator mental health and well being stress related biological vulnerabilities the relation of stress to teaching self efficacy turnover in charter schools and

the role of culture in educator stress part ii reviews the main conceptual models that explain educator stress while applying an occupational health framework to education contexts which stresses the role of organizational factors including work organization and work practices it ends with a proposal of a dynamic integrative theory of educator stress which highlights the changing nature of educator stress with time and context part iii starts with the definition of what constitute healthy school organizations as a backdrop to the following chapters which review the application of occupational health psychology theories and intervention approaches to reducing educator stress promoting teacher resources and developing healthy school systems chapters include interventions at the individual individual organizational interface and organizational levels part iii ends with a chapter addressing cyber bullying a new challenge affecting schools and teachers part iv discusses the implications for research practice and policy in education including teacher training and development in addition it presents a review of methodological issues facing researchers on educator stress and identifies future trends for research on this topic including the use of ecological momentary assessment in educator stress research the editors concluding comments reflect upon the application of an occupational health perspective to advance research practice and policy directed at reducing stress in educators and promoting teacher and school well being

this book provides a comprehensive and updated review of the concepts models and interventions related to the process of adjustment to life course transitions in times of transition an individual is exposed to experiences that require them to assume new roles and exhibit updated behaviors regardless of the characteristics of these transitions exposure to normative trajectories imposes on the person an intensive engagement in a process of re adjustment sometimes this demand is beyond the scope of one s ability motivation or comprehension hence some people might ineffectively perceive and or react to the change and end up feeling unable to handle the change and inclined to escape the situation a preventive intervention that either reduces the impact of possible risk factors or fosters possible protective factors would support the people in managing the transition while the importance of prevention of maladjustment is repeatedly mentioned in the literature this is the first known book on how to prevent

maladjustment it examines how the sense of transition emerges what adjustment means the models that elaborate on how people manage in times of transition what the antecedents of maladjustment are and especially how maladjustment could be prevented out of these discussions a new model the transitional stress and adjustment tsa model is suggested as a grand framework for paving a way forward to better prevent people s maladjustment to life course transitions prevention of maladjustment to life course transitions is a much needed cornerstone in the future development within the prevention science framework this book has interdisciplinary appeal for researchers practitioners and graduate students in psychology sociology public health social work criminology medicine health sciences public policy economics and education who consider prevention an important vehicle of intervention to promote health and wellbeing its focus on the topic of adjustment also would be of special interest to those who explore child and youth development

this ground breaking textbook is the first to cover the new and rapidly developing field of occupational health psychology provides a thorough introduction to occupational health psychology and an accessible overview of the key themes in research and practice each chapter relates to an aspect of the core education curriculum delineated by the european academy of occupational health psychology written by internationally recognized experts in the field examines a host of contemporary workplace health issues including work related stress the psychosocial work environment positive psychology and employee well being psychosocial risk management workspace design organizational research methods and corporate culture and health

führung ist komplex intensiv und anspruchsvoll wie bewältigen sie diese auch künftig erfolgreich machen sie sich auf den weg die führungskraft zu werden und zu bleiben die sie pers nlich sein k nnen die autoren verbinden neueste erkenntnisse der transaktionsanalyse mit psychologischen ansätzen der resilienzforschung so entsteht ein innovatives konzept der positiven wertschätzenden führung mit dem führungskräfte ihre organisationen konstruktiv gestalten inhalte wie bleibt man als führungskraft

gesund und zugleich erfolgreich burnout gefährdete mitarbeiter erkennen und ansprechen lernschritte zur erh lung der eigenen resilienz die stellschrauben für positive führung autonomie rolle und grenzen arbeitshilfen online selbsttests checklisten Übungen

statistics for sport and exercise studies guides the student through the full research process from selecting the most appropriate statistical procedure to analysing data to the presentation of results illustrating every key step in the process with clear examples case studies and data taken from real sport and exercise settings every chapter includes a range of features designed to help the student grasp the underlying concepts and relate each statistical procedure to their own research project including definitions of key terms practical exercises worked examples and clear summaries the book also offers an in depth and practical guide to using spss in sport and exercise research the most commonly used data analysis software in sport and exercise departments in addition a companion website includes more than 100 downloadable data sets and work sheets for use in or out of the classroom full solutions to exercises contained in the book plus over 1 300 powerpoint slides for use by tutors and lecturers statistics for sport and exercise studies is a complete user friendly introduction to the use of statistical tests techniques and procedures in sport exercise and related subjects visit the companion website at routledge.com/cw/odonoghue

winner of the 2020 canadian counselling and psychotherapy association ccpa counselling book award enlightening and practical addictions counseling today invites students into the heart of addictive thinking offering first person accounts of what it is like to experience different addictions the text covers the range of addictions from alcohol drug abuse and nicotine to various process addictions including sex internet gaming social media and gambling also included are the various theories and models of addiction with a unique chapter on the neuroscience of addiction focusing on the new dsm v classifications for addiction with an emphasis on cacre and treatment this provocative contemporary text is an essential reference for both students and practitioners wanting to gain a deeper understanding of those with addiction online resources free powerpoint slides with video for instructors are available

with this text

supervision hat seit einigen jahrzehnten einen festen platz in der ausbildung und der berufspraxis von pfarrerinnen weniger in der von lehrenden berufsfelder mit einem überdurchschnittlich hohen burnout risiko welche rolle spielen religiöse und existenzielle Überzeugungen bei burnout prozessen und welche konsequenzen hat dies für die praxis von supervision in diesen berufsfeldern die analyse von fallbeispielen zeigt dass es entscheidend ist diese ebene mit einzubeziehen will man den burnout prozess stoppen zudem können veränderte religiöse selbstdeutungen zur ressource für die Überwindung des burnout prozesses werden

emerging policy changes are encouraging adoption of a team based approach to healthcare yet most healthcare professionals receive little training in how to practice integrated care basics of behavioral health in primary care is a playbook for mental health and medical professionals to share in addressing behavioral health concerns in primary care concise and practical this clinically focused book addresses the needs of a diverse group of healthcare providers as well as students preparing for careers in the rapidly changing landscape of healthcare

der begriff burnout wird in den letzten jahren fast inflationär verwendet bei dieser flut an informationen ist es schwer an fachlich korrekte und relevante informationen zu gelangen trotz der inzwischen durch studien belegten einsparung an kosten die eine prävention gegen burnout erzielen würde befassen sich nur wenige unternehmen mit diesem thema deshalb kommt führungskräften in einem unternehmen eine entscheidende rolle zu sie sollten als erste anzeichen von burnout bei ihren mitarbeitern und auch bei sich selbst erkennen und geeignete maßnahmen ergreifen z b arbeitsstrukturen die für alle mitarbeiter nachvollziehbar sind in diesem buch wird aufgezeigt dass nicht alle burnout tests sinnvoll und aussagekräftig sind die durchgeführte studie zeigt die wichtigkeit von entlastungsfaktoren und möglichkeiten zur prävention auf dabei wird auch die

besondere rolle der führungskräfte deutlich eine sinnvolle prävention und das wahrnehmen der verantwortlichkeit gegenüber den mitarbeiter durch unternehmen und führungskräften führt nicht nur zu einer erhhten mitarbeiterzufriedenheit und reduzierung von burnout sondern auch zu wirtschaftlichen einsparungen des unternehmens und der volkswirtschaft

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