Yogini Yoni Tantra

TantraYoni TantraThe Power of TantraTantric YogaThe YonitantraTantric Visions of the Divine FeminineModern TantraThe Tantric BodyKiss of the YoginiThe Encyclopedia of Yoga and TantraSummary of Georg Feuerstein's TantraTantric KaliColonial Transformation and Asian Religions in Modern HistoryMenstruation Across CulturesRenowned Goddess of DesireThe First SpringTantra: The Pathless PathThe Divine LibraryThe Routledge Companion to Indian EthicsThe Origins of Yoga and Tantra Georg Feuerstein Bala (N W Kashi) Hugh B. Urban Gavin Frost J. A. Schoterman David Kinsley Donald Michael Kraig Gavin Flood David Gordon White Georg Feuerstein Everest Media, Daniel Odier David W. Kim Nithin Sridhar Loriliai Biernacki Abraham Eraly Vinita Rashinkar Rufus C. Camphausen Purushottama Bilimoria Geoffrey Samuel

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today s foremost yoga researcher offers a clear and lively introduction to the history philosophy and practice of the tantric spiritual tradition tantra often associated with kundalini yoga is a fundamental dimension of hinduism emphasizing the cultivation of divine power shakti as a path to infinite bliss tantra has been widely misunderstood in the west however where its practices are often confused with eroticism and licentious morality tantra the path of ecstasy dispels many common misconceptions providing an accessible introduction to the history philosophy and practice of this extraordinary spiritual tradition the tantric teachings are geared toward the attainment of enlightenment as well as spiritual power and are present not only in hinduism but also jainism and vajrayana buddhism in this book georg feuerstein offers readers a clear understanding of authentic tantra as well as appropriate guidance for spiritual practice and the attainment of higher consciousness

a very short commentary on a few selected verses of the yoni tantra done in light of the kriya yoga system of yogiraj shyama charan lahiri mahasaya this is a private publication authored by

an authentic representative of the kriya yoga system and is intended for initiates only

in the west the varied body of texts and traditions known as tantra for more than two centuries has had the capacity to scandalize and shock for european colonizers orientalist scholars and christian missionaries of the victorian era tantra was generally seen as the most degenerate and depraved example of the worst tendencies of the so called indian mind a pathological mixture of sensuality and religion that prompted the decline of modern hinduism yet for most contemporary new age and popular writers tantra is celebrated as a much needed affirmation of physical pleasure and sex indeed as a cult of ecstasy to counter the perceived hypocritical prudery of many westerners in recent years tantra has become the focus of a still larger cultural and political debate in the eyes of many hindus much of the western literature on tantra represents a form of neo colonialism which continues to portray india as an exotic erotic hyper sexualized orient which then is the real tantra focusing on one of the oldest and most important tantric traditions based in assam northeast india hugh b urban shows that tantra is less about optimal sexual pleasure than about harnessing the divine power of the goddess that flows alike through the cosmos the human body and political society in a fresh and vital contribution to the field the author suggests that the real meaning of tantra lies in helping us rethink not just the history of indian religions but also our own modern obsessions with power sex and the invidious legacies of cultural imperialism

advanced text discusses the inherent quadrality of the gods and goddesses and how creation systems work through a series of meditations and visualizations the authors show how knudalini energy can be safely activated and cycled bringing you through a psychic loop that empowers you to discover new knowledge and bring it back into consciousness with you

critical edition with an informative introduction of a tantric text

the hindu pantheon is rich in images of the divine feminine deities representing a wide range of symbolic social and meditative meanings david kinsley s new book documents a highly unusual group of ten hindu tantric goddesses the mahavidyas many of whom are strongly associated with sexuality and violence what is one to make of a goddess who cuts her own head off or one who prefers sex with a corpse the mahavidyas embody habits attributes or identities usually considered repulsive or socially subversive and can be viewed as antimodels for women yet it is within the context of tantric worship that devotees seek to identify themselves with these forbidding goddesses the mahavidyas seem to function as awakeners symbols which help to project one s consciousness beyond the socially acceptable or predictable drawing on a broad range of sanskrit and vernacular texts as well as extensive research in india including written and oral interpretations of contemporary hindu practitioners kinsley describes the unusual qualities of each of the mahavidyas and traces the parallels between their underlying themes especially valuable are the many rare and fascinating images he presents each important to grasping the significance of the goddesses written in an accessible engaging style kinsley s book provides a comprehensive understanding of the mahavidyas and is also an overview of hindu tantric practice

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modern tantra shows how to practice the ancient pagan spiritual system of tantra for greater freedom health and happiness correcting the many misconceptions that surround tantra author donald michael kraig shows that its wisdom can be experienced today helping you access your natural energy for healing and spiritual advancement encouraging growth experimentation and personal evolution through exercises and meditations modern tantra is a new look at a time honored spiritual path with a non dogmatic approach this book shows you how to work with tantric chakras mythology herbalism healing astrology divination mudras and mantras sexuality ritual magick festivals spells the three gunas and three doshas goddesses and gods sacred images and much more

tantra is the hindu based religion which links ecstatic sexual practice with meditation and direct spiritual experience it originated in india some 1200 years ago when the great sacred erotic temples were built in the west it is best known for its inspiration of tantric yoga and its associated ritualistic forms of sex but is tantra just about esoteric sex or does it amount to something more this lively and original book contributes to a more complete understanding of tantra s mysteries without minimising its sexual dimensions gavid flood argues that within tantra the body is more than just a sexual entity it is a vehicle for the spirituality that is fundamental to people s minds the tantric body makes an important and fascinating contribution to the study of south asian religion and will have strong appeal to students of south asian cultures and societies as well as to those of comparative philosophy

for those who wonder what relation actual tantric practices bear to the tantric sex currently being marketed so successfully in the west david gordon white has a simple answer there is none sweeping away centuries of misunderstandings and misrepresentations white returns to original texts images and ritual practices to reconstruct the history of south asian tantra from the medieval period to the present day kiss of the yogini focuses on what white identifies as the sole truly distinctive feature of south asian tantra sexualized ritual practices especially as expressed in the medieval kaula rites such practices centered on the exchange of powerful transformative sexual fluids between male practitioners and wild female bird and animal spirits known as yoginis it was only by drinking the sexual fluids of the yoginis that men could enter the family of the supreme godhead and thereby obtain supernatural powers and transform themselves into gods by focusing on sexual rituals white resituates south asian tantra in its precolonial form at the center of religious social and political life arguing that tantra was the mainstream and that in many ways it continues to influence contemporary hinduism even if reformist misunderstandings relegate it to a marginal position kiss of the yogini contains white s own translations from over a dozen tantras that have never before been translated into any european language it will prove to be the definitive work for persons seeking to understand tantra and the crucial role it has played in south

asian history society culture and religion

the ever increasing popularity of yoga and related practices makes a desktop reference like this indispensible with over twenty five hundred entries and extensive illustrations it combines comprehensiveness with accessibility the book is arranged and written in a manner that will inform rather than overwhelm the lay reader while at the same time offering valuable references for the professional researcher and the historian of religion this new edition includes information about contemporary yoga teachers it also provides fuller descriptions and illustrations of yoga poses and features additional cross references

please note this is a companion version not the original book sample book insights 1 the word world has a more abstract impersonal ring to it than the word universe the traditional idea of world ages served the ancients as a convenient device for understanding large cultural contexts from a spiritual perspective 2 samsara is the cycle of birth life death rebirth and then death again it is existence determined by fate the intricate and inviolable web of karmic indebtedness that exists between beings samsara is karma 3 the world is absurd and full of dangers the brahmin is a symbol of the transience of life and the giant female represents the ground of all adversity to escape samsāra which is the birthplace of all suffering one must renounce the world and become happy 4 the goal of all spiritual traditions is to transcend the experienced world which is both external and internal to be able to transcend the world we first need to know the territory

the mythology rituals meditations and practices used in tantric worship of the goddess kali in the tradition of kashmiri shaivism reveals the practices of vamachara known as the left hand path but more accurately translated as the path of shakti includes a kali ritual from the nirrutara tantra translated here for the first time presents devotional chants meditations and mudras specific to tantric worship of kali according to traditions going back to pre vedic times kali sprang from the third eye of the goddess durga as a destructive and terrifying manifestation of feminine power sent to lay waste to the forces of evil throughout india to this day kali is worshipped as the destroyer of bondage capable of liberating her devotee from all rules and subjugation in tantric kali daniel odier presents the mythology practices and rituals of kali worship in the tantric kaula tradition within kashmiri shaivism he reveals the practices of vamachara commonly known as the left hand path but more accurately translated as the path of shakti in this tradition the body itself is kali s temple and it is therefore unnecessary to reject or deny the body to know union with the divine instead nothing is regarded as pure or impure and there is complete freedom from rules focused on working directly with forbidden emotions and behaviors this path allows the seeker to transcend obstacles to liberation through sexual union according to the kaula upanishad in your behavior do the opposite to what the norms dictate but remain in consciousness this is the essence of tantra kali is absolute reality manifested as woman intoxicated by desire she frees the tantric practitioner from all desire except union with the divine the author includes an evocative ritual from the nirrutara tantra never before translated into any western language containing devotions to the 64 yoginis according to matsyendranath founder of the kaula path offering

devotional chants meditations and mudras specific to tantric worship of kali this empowering book provides practices and teachings for those on the tantric path to liberation

the localisation of a region group or culture was a common social phenomenon in pre modern asia but global colonialism began to affect the lifestyle of local people what was the political condition of the relationship between insiders and outsiders the impact of colonial authorities over religious communities has not received significant attention even though the asian continent is the home of many religions including hinduism buddhism confucianism taoism islam shintoism and shamanism colonial transformation and asian religions in modern history presents multi angled perspectives of socio religious transition it uses the cultural religiosity of the asian people as a lens through which readers can re examine the concepts of imperialism religious syncretism and modernisation the contributors interpret the growth of new religions as another facet of counter colonialism this new approach offers significant insight into comprehending the practical agony and sorrow of regional people throughout asian history

menstruation across cultures attempts to provide a detailed review of menstruation notions prevalent in india and in cultures from across the world the world cultures covered in the book include indic traditions like hinduism buddhism jainism and sikhism ancient civilisations like greece rome mesopotamia and egypt and abrahamic religions of judaism christianity and islam two themes of special focus in the book are impurity and sacrality while they are often understood as being opposed to each other the book examines how they are treated as two sides of the same coin when it comes to menstruation this is especially true in indic traditions and pre christian polytheistic traditions like greco roman mesopotamian and egyptian impurity and sacrality complement each other to form a comprehensive worldview in these cultures the book also examines how the understanding of impurity in abrahamic religions differs from those of polytheistic cultures as part of the examination of the sacrality attached to menstruation a special focus has also been given to the deities of menstruation in polytheistic cultures and to what ayurveda and yoga say about this essential function in a woman s physiology finally a comparative study of menstrual notions prevalent in modernity is presented along with a do and don t dossier

the role of women and ideas of gender are fundamental components of all religious traditions this book examines the representations of women within tantra using a case study of a selection of hindu tantric texts from the 15th through 18th centuries in northeast india

this book approaches the subject of tantra by looking beyond its reputation of exotic curiosity and transgressive rebellion divided into four sections the book opens with foundational teachings introducing readers to the diverse schools of tantra its philosophical underpinnings and its integral relationship with the vedas and agamas the second section the tantric toolkit looks at the technologies that distinguish tantric practice from the deities yantras and mantras to the transformative science of kundalini chakras and mudras in esoteric practice and initiation the third section the book explores misunderstood and concealed dimensions of tantra including the

guru shishya parampara panchamakara maithuna and the role of secrecy and symbolic language the final section integration and application outlines rituals like panchapuja navavarana puja and sri chakra yantra meditation while also considering the role of manifestation in tantra and exploring what it has in common with quantum physics whether you are a beginner a seasoned sadhaka or just an observer of eastern traditions this book offers an integrative introduction into the living tradition of tantra

succinctly describes 140 sacred texts dating from the earliest times to the present in relation to the cultures that created them

this companion volume focuses on the application and practical ramifications of indian ethics here indian dharma ethics is moved from its preeminent religious origins and classical metaethical proclivity to what kant would call practical reason or in aristotle s poignant terms ēhikos and phronēis and in more modern parlance normative ethics our study examines a wide range of social and normative challenges facing people in such diverse areas as women s rights infant ethics politics law justice bioethics and ecology as a contemporary volume it builds linkages between existing theories and emerging moral issues problems and questions in today s india in the global arena the volume brings together contributions from some 40 philosophers and contemporary thinkers on practical ethics exploring both the scope and boundaries or limits of ethics as applied to everyday and real life concerns and socio economic challenges facing india in the context of a troubled globalizing world as such this collection draws on multiple forms of writing and research including narrative ethics interviews critical case studies and textual analyses the book will be of interest to scholars researchers and students of indian philosophy indian ethics women and infant issues social justice environmental ethics bioethics animal ethics and cross cultural responses to dominant western moral thought it will also be useful to researchers working on the intersection of gandhi sustainability ecology theology feminism comparative philosophy and dharma studies

yoga tantra and other forms of asian meditation are practised in modernized forms throughout the world today but most introductions to hinduism or buddhism tell only part of the story of how they developed this book is an interpretation of the history of indic religions up to around 1200 ce with particular focus on the development of yogic and tantric traditions it assesses how much we really know about this period and asks what sense we can make of the evolution of yogic and tantric practices which were to become such central and important features of the indic religious scene its originality lies in seeking to understand these traditions in terms of the total social and religious context of south asian society during this period including the religious practices of the general population with their close engagement with family gender economic life and other pragmatic concerns

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