

Hursts The Heart Manual Of Cardiology 12th Edition

The Heart Attack Recovery PlanHurst's the Heart Manual of Cardiology, Thirteenth EditionPsychology for MedicineThe Heart ManualCardiac Rehabilitation ManualA Gathering of Brilliant MoonsPsychology for Medicine and HealthcareComprehensive Coronary CareTandon's Textbook of CardiologyThe Boston Medical and Surgical JournalThe Clinician's Guide to Chronic Disease Management for Long-term ConditionsECGs Made Easy - E-BookPractice Development in Community NursingCardiopulmonary ResuscitationNursing the Cardiac PatientOxford Handbook of Cardiac NursingExercise and Chronic DiseaseNanomedicineThe Heart ManualHurst's the Heart Manual of Cardiology David Symes Richard Walsh Susan Ayers B. M. Hegde Josef Niebauer Holly Gayley Susan Ayers Nigel I. Jowett Dorairaj Prabhakaran Professor Gill Furze Barbara J Aehlert Rosamund Bryar Richard C. Wolff Melanie Humphreys Kate Olson John Saxton Ismail M. Meraz Astley Ainslie Hospital. Heart Manual Project Board Walsh

The Heart Attack Recovery Plan Hurst's the Heart Manual of Cardiology, Thirteenth Edition Psychology for Medicine The Heart Manual Cardiac Rehabilitation Manual A Gathering of Brilliant Moons Psychology for Medicine and Healthcare Comprehensive Coronary Care Tandon's Textbook of Cardiology The Boston Medical and Surgical Journal The Clinician's Guide to Chronic Disease Management for Long-term Conditions ECGs Made Easy - E-Book Practice Development in Community Nursing Cardiopulmonary Resuscitation Nursing the Cardiac Patient Oxford Handbook of Cardiac Nursing Exercise and Chronic Disease Nanomedicine The Heart Manual Hurst's the Heart Manual of Cardiology *David Symes Richard Walsh Susan Ayers B. M. Hegde Josef Niebauer Holly Gayley Susan Ayers Nigel I. Jowett Dorairaj Prabhakaran Professor Gill Furze Barbara J Aehlert Rosamund Bryar Richard C. Wolff Melanie Humphreys Kate Olson John Saxton Ismail M. Meraz Astley Ainslie Hospital. Heart Manual Project Board Walsh*

the after effects of a heart attack are wide ranging and some of them unexpected physical health can never be taken for granted again a balanced diet becomes a must but the psychological effects too should not to be overlooked previously active and self confident people can find the fear of a repeat attack will prevent them from enjoying sport or active hobbies partners may find that they are worried about having sex obsessive concern about the condition may dominate conversation coming to terms with such a dramatic experience will go through a number of common phases this practical accessible and authoritative guide explains not only what causes a heart attack but also how to come to terms with recovery it explains how to get the best from your gp how to live safely but fully complete with general nutritional guidelines this realistic guide is invaluable reading to all those living through a heart attack in the family it will help you to keep your risk to a minimum and get your health

back in good shape

a cardiac point of care guide based on the field's leading text Hurst's The Heart Manual of Cardiology 13e provides a concise summary of the clinical content of Hurst's The Heart 13e updated throughout the book features a streamlined quick access presentation designed for use in urgent clinical situations features increased number of tables illustrations and summary visuals completely updated to reflect new cardiovascular drugs and the latest US and European guidelines streamlined presentation

as the fundamental importance of psychological aspects of medical practice becomes ever more evident and a correspondingly greater knowledge of psychology is required of medical graduates books like this one must become essential reading for all medical students Michael Sharpe MD FRCP FRCPsych professor of psychological medicine University of Edinburgh it's a great textbook the application to medicine is nicely outlined and the case studies illustrating the points further are brilliant it's easy to read and follow and really highlights the importance of psychology in medicine I will definitely be recommending this text to my students Dr Harbinder Sandhu Health Psychology Institute of Clinical Education University of Warwick this first of its kind comprehensive textbook covers all the psychology an undergraduate medical student needs to know the authors show the importance of applied psychological theory and evidence to medicine and offer enough depth on the subject to span an entire degree split into four sections the book is a unique mix of psychological theory and evidence with implications for clinical practice clinical tips and case studies psychology and health covers core topics such as stress symptom perception health behaviour and chronic illness basic foundations of psychology explores areas of biological developmental cognitive and social psychology relevant to medicine body systems psychological research specific to body systems including cardiovascular respiratory gastro intestinal immunology and reproduction health care practice covers clinical skills and practice including chapters on evidence based medicine communication skills and psychological intervention with a full colour text design each chapter follows the same accessible format which includes summaries learning objectives case studies research examples applications to clinical practice further reading and short answer questions they include the latest psychological theory and research evidence

cardiac rehabilitation is of key importance to ameliorate long term morbidity and mortality resulting from cardiac intervention however much of the current literature is dense unwelcoming and academic in style and format for those physicians understanding the scope of cardiac rehabilitation there is a need to distill the guidelines and various management options available to them into a concise practical manual up until now all references have looked at the general options but there is definite need to investigate the practicalities of individual patient groups this book fulfills the need for practical guidance among all professionals involved in the management of these patients from residents and fellows of cardiology and internal medicine surgical teams physiotherapy professionals critical care physicians and family medicine practitioners

deepen your meditation with advice on Buddhist practice from celebrated masters of Tibet's nonsectarian Rimé tradition for generations Buddhist masters in Tibet have composed Sheldam's poignant instructions tailored to the needs of their disciples in the form of short works of advice often difficult to find in publication these works cover

topics ranging from practicing while ill to sitting in solitary retreat to recognizing the nature of mind this collection focuses on an influential and inspiring generation of buddhist teachers the nineteenth century ecumenical or rimé tradition of eastern tibet a gathering of brilliant moons provides lively translations of nineteen pithy and profound works by these great masters along with essays by their translators which explore the aesthetic qualities of their chosen works highlight their ecumenical features and comment on the journey of translation includes works from jamgon kongtrul dza patrol rinpoché ju mipham rinpoché dudjom lingpa the third dodrupchen do khyentsé tokden sakya sri jikmé lingpa shardza tashi gyaltsen getsé mahapandita shangton tenpa gyatso and bamda thupten gelek gyatso this book arose from a unique conference on tibetan translation where the fourteen translators shared their process with each other and received feedback from their peers with a special focus on the literary aspects of the source texts as a reflection of this genesis the accompanying essays in this volume by the translators explore the aesthetic qualities of their chosen works highlight ecumenical features in them and comment on the journey of translation this unique book will be welcomed by religious scholars buddhist practitioners and meditators

a comprehensive overview of the research theory application and current practices in the field of psychology for medicine and healthcare covering topics from epigenetics to social determinants of health and transdiagnostic approaches to mental health and everything in between

the new edition continues to be a practical easy to understand and up to date resource for managing coronary disease it not only encompasses modern cardiology practice but also considers how the patient came to arrive on coronary care and what will happen them after they leave the combined authorship of doctor and nurse reflects the close teamwork vital to the management of both patients and their families management of the cardiac patient is a complex process and this book has a clear approach conveying the necessary information in an easily understood way it also has an excellent evidence base to ensure best practice and should appeal to staff in every cardiac unit up to date coverage of a rapidly developing field offers a multi disciplinary approach to coronary care easy to read and therefore easily understood research evidence based content ensures best practice more material to reflect the growing literature on nurse lead approaches to chest pain assessment defibrillation thrombolysis and specialist clinics heart failure and dysrhythmias content updated in line with the latest guidelines from various medical bodies along with specific guidance e g from nice in the uk

an authoritative comprehensive and accessible cardiology textbook that caters to the needs of trainees and practicing cardiologists cardiovascular disease is now the largest contributor to global mortality low and middle income countries lmic presently bear the brunt of this global epidemic accounting for over three quarters of cardiovascular deaths and 90 of these deaths under 70 years of age the experience and expertise of health professionals in these countries will therefore be the principal determinant of global success in countering and curbing the global cardiovascular epidemic in the coming decades this book covers the fundamentals of cardiology in depth to provide conceptual clarity and delves into specific cardiovascular disorders with detailed descriptions that range from aetiology and pathophysiology to evidence informed approaches to diagnosis and management it does all of this by blending contextual relevance with uncompromising academic rigor

written with clinicians in mind who are caring for people with long term or chronic conditions the aim of this book is to provide an informative and useful resource to help clinicians understand how people deal with and adjust to life with a long term condition the book will not equip the reader with an in depth knowledge of psychological theory but instead provides background knowledge and theory of cognitive behavioural therapy cbt and how it can help to give people a positive approach to living with their condition

new 38 new cardiac rhythm strips have been added to the book for a total of 260 practice strips new aha compliance ensures the book reflects the american heart association s 2015 ecc resuscitation guidelines new lead in boxes cover ecg principles practical applications indications techniques and interpretation new expanded coverage of ambulatory monitoring provides more in depth guidance in this critical area

practice development in community nursing describes what is meant by practice development the theories underpinning practice development and brings together accounts of community nurses involved in practice development for those embarking on similar work examples are provided of the process or practice development and the book also illustrates how it works with examples from practitioners followed by a conclusion focusing on the future of practice development

early in 1960 a course in cardiopulmonary resuscitation was organized and presented for physicians dentists and nurses assigned to the medical service united states air force the course was designed to teach these professional personnel the need for instruction in cardiopulmonary resuscitation and to give the background information needed to develop courses at their home bases

nursing the cardiac patient is a practical guide that addresses the management of cardiac patients across the spectrum of health care settings it assists nurses in developing a complete understanding of the current evidence based practice and principles underlying the care and management of the cardiac patient it combines theoretical and practical components of cardiac care in an accessible and user friendly format with case studies and practical examples throughout

nurses must deliver up to date clinically effective evidence based care across a range of settings and develop nursing services to meet changing demands the revised and expanded oxford handbook of cardiac nursing 3rd edition is tailored to provide the essential knowledge nurses need at their fingertips when they need it this handbook will guide the reader systematically through the care of patients with a wide range of cardiac problems each chapter contains the up to date evidence based guidelines for cardiac conditions and treatments it now includes new topics such as stroke genetics computed tomography coronary angiogram valvular heart disease has been expanded as well as the chapter on congenital heart disease and inherited cardiac conditions providing key summaries of common problems and essential issues it will provide both an invaluable reference for cardiac nurses as well as a precise targeted guide for nurses from other specialties caring for patients with cardiac problems

it is now widely accepted that there are important links between inactivity and lifestyle related chronic diseases and that exercise can bring tangible therapeutic benefits to people with long term chronic conditions exercise and chronic disease an evidence based approach offers the most up to date survey currently available of the scientific and clinical evidence underlying the effects of exercise in relation to functional outcomes disease specific health related outcomes and quality of life in patients with chronic disease conditions drawing on data from randomized controlled trials and observational evidence and written by a team of leading international researchers and medical and health practitioners the book explores the evidence across a wide range of chronic diseases including cancer heart disease stroke diabetes parkinson s disease multiple sclerosis asthma each chapter addresses the frequency intensity duration and modality of exercise that might be employed as an intervention for each condition and importantly assesses the impact of exercise interventions in relation to outcomes that reflect tangible benefits to patients no other book on this subject places the patient and the evidence directly at the heart of the study and therefore this book will be essential reading for all exercise scientists health scientists and medical professionals looking to develop their knowledge and professional practice

discrete pathologies have unique features that contribute to disease progression each lesion contains unique clusters of cells and other factors that make up specific micro niches individual microniches present novel barriers that hamper the delivery of therapeutics but it also contains characteristic elements that can favour accumulation of therapeutics within the lesion this chapter discusses the unique biology associated with cancer cardiovascular disease and neurological disorders and describes how each unique presentation can be used to optimize nanoparticle design for targeting the lesion

a cardiac point of care guide based on the field s leading text hurst s the heart manual of cardiology 13e provides a concise summary of the clinical content of hurst s the heart 13e updated throughout the book features a streamlined quick access presentation designed for use in urgent clinical situations features increased number of tables illustrations and summary visuals completely updated to reflect new cardiovascular drugs and the latest us and european guidelines streamlined presentation

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