

Lose Your Mummy Tummy Paperback

Who's Your Mummy? (Goosebumps HorrorLand #6) Lose Your Mummy Tummy The Adventures of Wee Jim Sex Ed for Grown-Ups Farewell to Mother - Autobiography Dear Dory Sex and God Pretty Funny Science in Early Childhood KOTO Y YO A Divine Dance of Madness Will That Ever Be Folk Handbook of Narrative Psychotherapy for Children, Adults, and Families Piece of Another Period Earth, Air, Fire and Custard Dear Zoe || Love Dad: Our Journey through IVF to the NICU to your 1st Birthday The Dead Wife's Handbook Turning the Hourglass Teaching Literacy Lone Twin R. L. Stine Julie Tupler Jim Currie Jonny Hunt Miguel Santana Tom Kreffer Linda Hurcombe Rebecca Elliott Coral Campbell Tim Atkins Mairi Colme Jane Arthur Dickson-Watt Jan Olthof Richard Boyd Tom Holt Ryan Richardson Hannah Beckerman Christine Alisa Ms Fred Sedgwick Michelle Diener

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goosebumps now on disney abby and peter are staying with uncle jonathan in an eerie old village their uncle knows a lot about egypt and his living room even looks like an ancient tomb do other secrets lurk inside the house mum s the word next abby and peter will get all wrapped up in a terrifying mystery slappy the dummy and other villains have been sighted in horrorland theme park a monster named byron might offer help if they can find him

pregnancy naturally separates a mother s outermost abdominal muscles to make room for her growing uterus called a diastasis this separation doesn t fully close up in 98 percent of new moms the larger the diastasis the weaker the muscles and the greater chance for mom to develop back problems down the road of perhaps greater concern for moms new and veteran alike the larger the diastasis the bigger the belly that just won t seem to go away after baby s delivery lose your mummy tummy introduces the tupler technique a set of deceptively simple abdominal and breathing exercises that decrease the diastasis and result in a firmer flatter and stronger belly like kegels those all important and privately practiced pregnancy exercises the tupler technique can be practiced almost anywhere and at anytime including illustrations for a 15 or a 30 minute at home exercise routine lose your mummy tummy ensures a tighter flatter stomach a smaller waistline a reduction or elimination of back pain the ability to safely lift your baby and heavy objects more energy better posture the perfect preparation for your next pregnancy

the origin of the old scottish expression heart was roasted has long since been lost of the annals of time however let me assure everyone that we and wee scotts are not and as far as i know never have been cannibals the famous scotts actor sir billy conolly is an expert in use of such permission so those who wants to know more can ask him the expression simply means that i was not by any measurement well behave child in fact i was a positive horror having said that i assure you that you will not find three sixes tattooed on my scalp although it has been suggested that i was the original model for the children s comic dennis the menace

when it comes to talking to children and young people about sex and relationships it is difficult to know what to say how do you answer their questions how much is too much and what is age appropriate sex ed for grown ups is an open and honest guide that empowers adults to talk to young people about all things sex and relationships written by an independent relationships and sex education consultant this light hearted and accessible book encourages grown ups to think and talk about the topics that scare them the most from body parts gender puberty and first time sex to pornography sexting and knowing what to do when things go wrong full of hints tips and first hand stories it is a fun compassionate and engaging exploration of relationships and sex which will help adults to fully support young people as they develop a healthy view of both sex and themselves sex ed for grown ups is essential reading for parents teachers youth workers social workers and any adult who wants to have well informed and positive conversations with the children and young people in their lives

not everything was tragic i do have a few happy and funny memories spent mostly in the company of my siblings i used to eat figs sitting at the top of the fig tree one time lídia and i were sitting on the same branch and josé on another al was standing on the ground collecting the less sweet figs and putting them into the fold of her skirt why won t al climb up here with us i asked with my mouth full of figs it s so that you don t look up at her knickers lídia answered about to put a whole fig in her mouth i let out a loud ah well if you didn t know you do now josé threw in lídia s bowels were rumbling we could all hear them figs tend to have that effect on a person not all things that taste good do you good my sister shuffled on the branch and then pulled her skirt up she was having an attack of diarrhoea and our presence wasn t going to stop her from relieving herself it hit al right on the head the three of us let out uncontrollable shrieks of laughter

it s a very funny book it s a very moving book bbc accessible and unvarnished it s bound to strike a chord with dads everywhere workingdads co uk essential reading for any new parent mantenatal partner pregnant less than nine months to prepare holy s t you re going to be a daddy now a soon to be first time father is charting a course through the perilous and choppy waters of living with a pregnant woman he s dodging hormonal right hooks evading emotional explosions saying all the wrong things like are you okay and trying to figure out how the hell you install a car seat written as a journal to his unborn child dear dory is the unfiltered irreverently funny honest and heartfelt account of one man s journey to fatherhood as he contemplates his new identity as a daddy and prepares for the responsibility of a lifetime warning this book contains a truckload of profanity uproariously funny from beginning to end reedsy discovery humourous satirical reflective refreshing and heartfelt melisende s library

these stories essays and poems by women examine the connections feminists are making between sex and god the women write from very different perspectives cutting across the spectrum of feminist writing about sexuality and spirituality within the judeo christian tradition some writers though critical are determined to retain their radicality in the very teeth of patriarchy by remaining within the traditional forms of faith others impatient suggests the editor with the great inseminator in the sky have moved on to what might be described as a post patriarchal spirituality contributions indicate the exciting spiritual journeys women are currently making and focus on the following areas monogamy and promiscuity sex politics and spirituality childbirth sex and healing in dying feminist sexual psychology lesbian identity and feminist embodied theology the recent and continuing debate about women priests in the anglican church uneasily echoes the rumblings of change at a fundamental level in the relationship between women and religion this book with its reflections on both the politics of christian feminism and the more widespread expression of women s spirituality makes an important contribution to that change first published in 1987

this book is filled with loveable characters witty dialogue and proper lols which made recording the audiobook hard because i kept giggling sharon rooney does anyone ever really want to fall in love knowing me i ll just trip over it and graze my knee on the gravel of humiliation haylah swinton is fairly confident she s brilliant at being a girl she s an ace best friend a loving daughter and an incredibly patient sister to her four year old total nutter of a brother noah but she has a secret she wants to be a stand up comedian but she s pretty sure girls like her big girls girls who don t get all the boys girls who a lot of people don t see don t belong on stage that hasn t stopped her dreaming though and when the seemingly perfect opportunity to write routines for older cooler impossibly funny leo arises well what s a girl to do but is leo quite an interested in helping haylah as he says he is will haylah ever find the courage to step into the spotlight herself and when oh when will people stop telling her she s funny for a girl

science exploration plays a vital role in children s lives as they make sense of the world around them now in its fifth edition science in early childhood complements the recently updated early years learning framework eylf and the australian curriculum science it offers a comprehensive introduction to the essential elements of science learning and teaching for pre service teachers and early childhood professionals this edition has been revised to closely align with the eylf and australian curriculum science it includes more content on sustainability a rapidly growing area in early childhood science and a stronger focus on aboriginal and torres strait islander perspectives each chapter includes case studies reflection questions and practical tasks which help to bridge the gap between theory and practical applications of new concepts supplementary resources are available online for instructors science in early childhood is an invaluable resource for pre service teachers and early childhood professionals

koto y yo documents a year in the lives of a father and daughter living in poble sec a working class barrio in barcelona told in luminous poetic prose the interlinked stories echoing the platero y yo stories of juan ramon jimenez detail the couple s adventures and encounters as they wander around the streets the pages are inhabited by the plumbers hairdressers bakers traveling knife grinders mechanics tobacconists waiters postmen mangy cats and

itinerant musicians who populate the neighborhood

descriptionthis is a strong and emotional book which captures the feelings and experiences of someone who is condemned as insane and held in a secure unit mairi colme s writing is full of mysticism and depth as she uses her given talent for writing to make sense of her lost years and her treatment at the hands of those who should have been protecting her this book will find resonance in anybody who has experienced what mairi has and can act as a guide to those who would like to understand more about the debate over sectioning and secure units about the authormairi colme has an ma honours degree in english language and literature has trained in theology and is now a benedictine oblate she has written a great deal including poetry and mystical texts she is now working to set up a charitable foundation promoting mental well being and spiritual knowledge this book is chiefly about a period in her life the seven years from 1988 to 1995 when she was permanently sectioned and certified insane it is about all the adventures the pain and the love that she experienced as she struggled to escape from a dire fate

in a world where the past and present collide where traditions are questioned and where the echoes of history resonate comes a captivating novel by jane arthur dickson watt will that ever be folk invites you on a journey through time exploring the tapestry of human connection love and the enduring power of folklore meet a cast of characters whose lives intersect in unexpected ways each carrying a piece of a story that spans generation as secrets unfold and hidden truths come to light the line between reality and folklore blurs leaving you question what is fable and what is fate jane arthur dickson watt weaves a tale that will keep you on the edge of your seat a narrative that explores the timeless themes of identity a family and the enduring power of storytelling will that ever be folk is not just a novel it s a journey into the heart of the human experience will you join the characters on their quest for truth or will you be left wondering if some stories are meant to be folklore forever

the handbook narrative psychotherapy for children adults and families combines philosophical scientific and theoretical insights in the field of narrative psychotherapy and links them to sources of inspiration such as poetry film literature and art under the common denominator narrative thinking sections on theoretical issues alternate with a large number of case histories drawn from different therapeutic contexts the reader can browse at will through the many examples of therapeutic sessions in some cases including literal transcriptions in which narrativity in all its forms is the point of departure what language does the body speak what messages do seemingly random slips of the tongue convey how can a painting help a client to find words for his or her story the discussion of the logic of abduction demonstrates the importance of metaphor and special attention is given to the processes of creating a therapeutic context and defining a therapeutic framework

dixon and amelie boyd were belfast medical students later he was a cambridge professor and she an academic s wife they and their four sons became a cambridge mid century fixture their copious letters and memories of those sons the authors bring to light an unvarnished picture of that university at a time of dramatic change darlingest it not only seems but it was a long time ago we were half our present ages the war was no more than a shadow of a man s hand in bright sunlight possible but not very probable in a

wider field no atomic power or bombs no television unemployment and a servant class no penicillin no russian imperialism and a well established british empire we had not even dreamed of cambridge let alone three periods of residence and a chair and clare dixon boyd to his wife on their 25th wedding anniversary 19 august 1958 on the margins of war jews blacks and irish sex and psychoanalysis who knew who scholarship science and preferment clare college as family this volume tells us what they then thought and how they then acted

a novel set in the magical offices of the portable door now a majorly fantastical film starring christoph waltz sam neill and miranda otto tom holt may be the most imaginative satirist to land on our shores since douglas adams christopher moore new york times bestselling author j w wells seemed to be a respectable establishment but the company now paying paul carpenter s salary is in fact a deeply sinister organization with a mighty peculiar management team paul thought he was getting the hang of it particularly when he fell head over heels for his strangely alluring colleague sophie but death is never far away when you work at j w wells our love struck hero is about to discover that custard is definitely in the eye of the beholder and that it really stings the j w wells co series the portable door in your dreams earth air fire and custard you don t have to be evil to work here but it helps the better mousetrap may contain traces of magic other titles from tom holt doughnut when it s a jar the outsorcerer s apprentice the good the bad and the smug the management style of the supreme beings an orc on the wild side holt writing as k j parker sixteen ways to defend a walled city how to rule an empire and get away with it a practical guide to conquering the world

i began writing to my unborn child as soon as my wife and i decided to have a child never could i have imagined what an amazing journey was set in motion these intensely personal letters capture my hopes and fears as my wife and i progress through the various stages of ivf our daughter s stay in the nicu and our first year as a family from giving my wife daily shots to staring at the various screens monitoring my newborn daughter the book attempts to capture the emotions of a loving husband and father trying to be the man both his girls need the book concludes with my honest unadulterated reflections on having going through ivf and the nicu my hope is that my candid sharing may help others gain a greater sense of the emotions involved in having an ivf or nicu baby

rachel max and their daughter ellie had the perfect life until the night rachel s heart stopped beating she was thirty six just as her family can t forget her rachel can t quite let go of them either caught in a place between worlds rachel watches helplessly as she begins to fade from their lives this fresh debut novel touches on the various stages of bereavement from denial to acceptance as max and ellie work through their grief rachel too struggles to come to terms with her death and as her husband starts to date again rachel realizes that one day max will find love and that ellie will have a new mother figure in her life the dead wife s handbook is a heartwarming and touching book very commercial in its approach and a compelling read it will touch a wide readership and is a perfect read for fans of the bestseller the lovely bones skyhorse publishing as well as our arcade yucca and good books imprints are proud to publish a broad range of books for readers interested in fiction novels novellas political and medical thrillers comedy satire historical fiction romance erotic and love stories mystery classic literature folklore and

mythology literary classics including shakespeare dumas wilde cather and much more while not every title we publish becomes a new york times bestseller or a national bestseller we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home

turning the hourglass children s passage through traumas and past lives is a collection of stories written from the child s point of view it is based on the therapeutic model that christine has developed which includes gestalt therapy with children and adolescents and regression therapy emerging through these true stories of children are poignant words that draw the reader into the child s world whether it is childhood trauma of abuse difficulty with divorce and parenting variations pre natal birth or past life patterning the stories unfold with children conquering their problems and developing into the lovely young people that they truly are various symptoms and behaviors ranging from issues such as a diagnosis of adhd to severe anxiety and depression are lifted from the child as these healing stories guide the reader through each journey parents who realize the benefits of alternative therapeutic techniques for their child or are searching for a method that truly works teachers and therapists will find this book enlightening as they discover a powerful method of working with children awareness is raised about children their plights and their enduring strengths inviting us all to acknowledge those who have such a small voice in our world

the teaching of literacy is a high priority for teachers and for governments yet some of the approaches commonly used are very limiting joyless and ultimately ineffective in contrast fred sedgwick shows how literacy can be combined with and promoted through a love of reading and children s ability to think and write creatively using a wide variety of rich resources the author shows how to put creative approaches into practice and illustrates through children s work just how rewarding those results can be

it s hard to cry with sadness while you re laughing with love this is the story of a much loved young woman who died much too early and the way that she lived her life in the fullest way she knew right until the very end this is the story of my sister nicole s journey with breast cancer from her diagnosis to her death but the story goes beyond that in the same way that nicole took everything beyond the ordinary it s also a story of how she managed to live her life really live it in the most expansive definition of the word the whole way through right up until her last heartbeat a woman who turned the intrusion of cancer into her life into something that she used to expand her that made her bigger in so many ways it s the story of a woman who looked for the lesson and the gift in every moment and not only treasured it but used it to create more it s the story of what it s like to be the sister of a woman who carried this off it s the story of how you get through it as an outsider how you help how you hinder and how you come out the other side living life with a sister with cancer was a challenging but enriching experience it changed the way i live my life i hope reading our story gives you something too

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